

Excerpted from the book *Parenting Your Premature Baby and Child: The Emotional Journey* (Fulcrum, 2004.) Text copyright 2004 Deborah L. Davis, Ph.D. & Mara Tesler Stein, Psy.D.

About the Cover

We were drawn to the image on this cover because the tandem footprints reflect the journey you are on with your baby or babies. The parent's foot next to the child's foot implies both the protectiveness and connection you experience as you walk with your child on this emotional journey. Being in the sand, the image, like the journey, includes both genders and all skin tones. Footprints are also evocative because they are usually one of the first images recorded in baby books. However, we want to assure you that we know that the baby footprint on the cover would completely engulf that of your baby at birth and for months afterward. Especially if your baby is still hospitalized, we hope that when you look at the cover you see hope for the future, when you and your growing child can make your own footprints in the sand. And just now, as we write this, it is occurring to us that this image perfectly coincides with the last heartfelt quote in Chapter 23. Like so many things about the creation and production of this book, it is synchronicity and pure magic.

Our warmest hugs and wishes,

Debbie and Mara

www.ParentingYourPrematureBaby.com